

# Boots Care Learning – an exclusive, valuable learning package for carers and nurses



let's feel good  
together<sup>+</sup>

Let's help you manage your  
residents' health needs

25

years of  
caring



**Boots is always looking for new ways to help our care home customers and their residents benefit from our partnership with them; proactively seeking and listening to our customers' feedback was therefore key to developing this important part of our offer.**

**Customers told us they would really value a personalised, tailored learning resource package that helps develop the skills and knowledge required to give great care to residents. In response we've created a suite of resources, featuring a wide range of topics and up-to-date patient-centred content, written by Boots Pharmacy experts to meet the specific individual needs of nurses and carers working in care. Boots Care Learning provides the flexibility for trainees to pick and choose topics that are relevant to them, at two different learning levels for nurses and carers.**

**Whatever your preferred learning style you can benefit from Boots Care Learning, thanks to a variety of learning methods: online, face-to-face for systems training, and bite-sized resources which can be accessed both on screen and printed on your own printer.**

Boots Care Learning topics are grouped into the following areas:

**Medicines Management**  
**Condition-focused**  
**Dementia Suite**  
**Bite-sized**

**Medicines Management**  
**Monitored Dosage System**

This module is designed to enable the trainee to handle medicines safely through the correct implementation of the Boots Monitored Dosage System (MDS).

The system that is discussed in this module is the MANREX system. As well as a knowledge test, the module also contains a practical assessment to test practical application of the trainee's learning.

**Patient Pack Dispensing (Boxes & Bottles)**

This module will help the trainee handle medicines safely when using Patient Pack medicines packaging (sometimes referred to as Original Packs, or Boxes and Bottles).

**Care of Medicines: Foundation Carers & Nurses**

This module focuses on the safe management and administration of medicines and how medicines act in the body. The module also covers self administration of medicines, how the law affects the way medicines are managed and the importance of maintaining accurate medication records. The module is accredited by the Royal Pharmaceutical Society and contains a knowledge test to assess the trainee's learning.

**Care of Medicines: Advanced Carers & Nurses**

This course provides background information on all major organs of the body and on how they are affected by drugs. It builds on the knowledge gained in the Foundation module.

The course is designed to provide the trainee with the knowledge they need to identify the effect of a range of different medication on the body, and to identify and deal effectively with problems such as Adverse Drug Reactions and Drug Interactions. The module is accredited by the Royal Pharmaceutical Society. It also contains a knowledge test to assess the trainee's learning and case studies designed to put all the learning in the module into practical use.

## Care of Medicines – Domiciliary

This course is designed to help staff in a Domiciliary Care environment. It provides key information on the administration and control of medicines and the essential knowledge that is required for trainees to safely monitor and, where required, administer medicines to the people in their care.

## Condition-focused

### Diabetes: Supporting residents with diabetes - Carers & Nurses

These courses provide knowledge about diabetes as well as practical advice to help support the management of the condition and prevention of complications. The interactive modules enable trainees to learn at their own pace.

### Cancer: Supporting those working in care to understand cancer

These courses will help care workers understand cancer more, and consider the support residents and their families may need. We've also included details of how the Boots and Macmillan Cancer Support partnership can help you to access the information available.

### Respiratory: Asthma & COPD Carers & Nurses

These courses will provide trainees with the knowledge needed to provide compassionate care for residents with these conditions. The courses will take a maximum of 30 minutes to complete.

### Heart Health

These modules will help carers and nurses support residents to keep their hearts healthy.

## Dementia Suite

### Dementia - Carers & Nurses

These modules help develop an understanding of dementia, the different types of the condition, the signs and symptoms of dementia and person-centred care. The modules are tailored to be appropriate for the learning needs of carers and nurses working in care. These modules follow the story of Jean and Stanley, a fictional couple affected by the condition.

The suite contains six modules:

- Introduction to Dementia – Nurse
- Introduction to Dementia - Carer
- Signs and Symptoms of Dementia - PDF Guide
- Understanding Dementia
- Managing Medicines in Dementia
- Medicines Used in Dementia

## Bite-sized

### Parkinson's: Introduction to Parkinson's and Medicines Management - Carers & Nurses

This bite-sized learning resource covers the symptoms of Parkinson's, the impact of these symptoms, supporting the care of residents and medication management in Parkinson's. Provided in printable PDF format, this resource should take no longer than 30 minutes to complete.

### Warfarin

This module focuses on why warfarin may be prescribed for a person in your care, understanding the importance of the procedures around the ordering, monitoring and administering of warfarin and the most common side effects of warfarin.

### Epilepsy

Epilepsy affects 500,000 people in the UK which means that 1 in 100 people have the condition\*.

These bite-sized modules have been designed to support your understanding of epilepsy, in order to help you to care for people with this condition.

The modules all include a mixture of interactive ways of learning including knowledge tests, how can you help sections, and further information links.

The suite contains five modules:

- Introduction to Epilepsy for Carers
- Introduction to Epilepsy for Nurses
- Helping those living with Epilepsy
- Anti-Epileptic medicines for Nurses
- Epileptic seizures for Nurses and Carers

\*[www.NHS.uk](http://www.NHS.uk)

## Let's Get Digital!

This module helps trainees to become confident with using digital technology such as Email, Social Networks, Apps, Video, the Internet and equipment you can use to access it.

## Coming Soon...

We'll be introducing a series of e-book resources that will help nurses and carers gain knowledge to support administration techniques of medicines to various locations of the body, including optical and rectal medication.



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brand, with  
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of Pharmacy  
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**Call charges apply, please contact your service provider  
for details**


## Main features

- Care of Medicines Foundation and Advanced eLearning courses accredited by the Royal Pharmaceutical Society
- Fulfills key learning outcomes in QCF units ASM 34 and HSC 3047, helping your team meet the standards required by the regulators
- Topics covered by Boots Care Learning:
  - Monitored Dosage System & Patient Pack Dispensing (face to face training on systems is available)
  - Care of Medicines – Foundation level
  - Care of Medicines - Advanced level
  - Domiciliary Care
  - Diabetes
  - Dementia
  - Parkinson's
  - Cancer
  - Respiratory conditions
  - Heart Health
  - Warfarin
  - Epilepsy
  - Let's Get Digital
- We can provide access to courses in as little as 5 working days

## Key Benefits

- A wide range of patient-centred topics, written by subject matter experts and updated regularly
  - *Trainees can develop a variety of skills and acquire up-to-date knowledge on managing conditions, relevant to the care of your residents*
- Content written at two different learning levels, for nurses and carers
  - *Each role benefits from training that's tailored to their needs*
- All topics are available online
  - *Can be accessed anytime, no travel costs and minimal back fill of staff, the trainee can choose to complete the training content away from work*
- Includes bite-sized modules
  - *Easy to complete as and when time is available*
- Efficient learning style
  - *Completing training online typically takes a third of the time of face to face courses*
- Support available
  - *Support and guidance is available for each trainee if required*
- Fast user set up and access
  - *The trainee can start the training as soon as they need to*
- Reports available
  - *No need for paper or manually updating records*

**Boots Care Learning helps carers and nurses to provide the best possible care to your residents and meet your regulatory inspection requirements**



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